



## Easy Dinner Rolls

*Makes 16 rolls*

### Ingredients:

- 2 1/4 teaspoon (1/4 oz, 7g) active dry yeast
- 2 to 5 Tablespoons (24 - 60 g) sugar, depending on desired sweetness
- 3 Tablespoons (45 g) warm water, 105 to 115 degrees F (40 - 46 degrees C)
- 1 cup (8 oz, 240 ml) whole milk
- 6 Tablespoons (84 g) unsalted butter
- 3 1/2 cups (490 g) all-purpose flour, plus extra for kneading
- 1 1/2 teaspoon (9 g) Kosher salt
- 1 large (50 g) egg, whisked *or* 1/4 cup (55 g) sour cream

**For egg wash:** 1 egg + 2 teaspoons water, whisked and strained

### Instructions:

1. In a small bowl, whisk together yeast and 1 Tablespoon (12 g) sugar. Add 3 Tablespoons warm water and whisk again. Let stand 5 minutes.
2. In a medium bowl, microwave milk and butter for 1 minute, or until milk is warm (105 – 115 degrees F or 40 – 46 degrees C) and butter is just melted.
3. In a large bowl, whisk together flour, 1-4 Tablespoons (12 - 48 g) sugar (depending on desired sweetness), and salt. Add milk, butter, egg (or sour cream), and yeast mixture. Stir with a wooden spoon until dough forms. Knead dough in a stand-mixer with a dough hook for about 5 minutes, or by hand on a lightly floured surface until smooth, about 6-8 minutes.
4. Transfer to a lightly oiled bowl; turn to coat. Cover with plastic wrap. Set in a warm place and let rise until doubled in size, 1-2 hours.
5. Line a baking sheet with parchment paper. Punch down dough and then bring it together into a ball. Divide dough into 16 balls. Place rolls side by side, lightly touching, into four rows of four. Cover loosely with a clean dish towel and let sit in warm spot 45 minutes to 1 hour.
6. Preheat oven to 375 degrees F. For egg wash, whisk one egg in a small bowl with 2 teaspoons water. Strain egg and discard stringy pieces. Using a pastry brush, gently brush tops of rolls with egg. Bake until rolls are puffed and golden, about 20 minutes. Sprinkle with flakey sea salt if desired. Serve warm.

Questions? Email me [Marie@MarieSaba.com](mailto:Marie@MarieSaba.com) and I'll be happy to help! Thank you.

YouTube: Marie's Kitchen  
Website: MarieSaba.com  
Email: Marie@MarieSaba.com

# Marie Saba

*from my kitchen to yours*

## Make-Ahead Options:

- Refrigerate the dough after the first rise (step 4). Cover with plastic wrap and store in the refrigerator for 2 days. Continue with step 5 above when ready to bake. Add 20 minutes to the rising time (the cold dough may need a little longer to rise).
- Refrigerate the dough after shaping into rolls (step 5). Place rolls on baking sheet, cover loosely with plastic wrap and refrigerate for 2 days. When ready to bake, let rise, loosely covered, at room temperature for 1-2 hours. Continue with step 6.
- Freeze the dough after shaping into rolls (step 5). Place the rolls on a baking sheet so they are not touching. Let the rolls rise in a warm spot for about 25 minutes. Freeze the rolls on a baking sheet for 2-3 hours until frozen solid. Transfer to a freezer bag or air-tight container. Unbaked rolls can be kept frozen for about 1 month. The day before baking, place the frozen rolls touching on a baking sheet and thaw in the refrigerator overnight. When ready to bake, let rise at room temperature for 1-2 hours. Continue with step 6.
- Freeze the rolls after fully baking. Bake rolls as usual following steps 1-6. Cool completely and then wrap tightly in aluminum foil. Place foil-wrapped rolls in a freezer bag and freeze for up to 1 month. Bake the rolls either thawed or straight from the freezer. To thaw the rolls, loosen the foil and let thaw at room temperature overnight. Rewarm if desired for about 10 minutes in a warm oven at 300 F (148 C). To heat rolls from frozen, loosen the foil and bake at 300 F (148 C) on a parchment-lined baking sheet for 20-25 minutes.



YouTube: Marie's Kitchen  
Website: MarieSaba.com  
Email: Marie@MarieSaba.com